



社團法人蘆葦營身心靈恢復協會

3-4月~~~快訊

Reeds Recovery Association

Mar-Apr Express

花蓮縣卓溪鄉卓清村卓樂 17 鄰 65-1 號 電話:03-8887324
No.65-1, Zhuole, Zhuoxi Township, Hualien County 98246, Taiwan
網址: <http://reedsrecovery.org> email: reeds@reedsrecovery.org

壓傷的蘆葦、祂不折斷，將殘的燈火、祂不吹滅。……以賽亞書 42:3
A bruised reed He will not break, and a smoldering wick He will not snuff out... Isaiah 42:3

促使成癮者及家屬從物質及成癮疾患走向康復·獲得生命的清醒
To facilitate recovery and sobriety among addicts and their families.

A Rewarding Time

A big Thank You! to all our members and guests for your great sharing over a meal, eager helping hands throughout our conference, and diligent clean-up after. We're honored to have Dr. Chen Yi-Chun, one of our directors, explain to us the passage of falling asleep, enlighten us on the different roles of sleeping pills and lead us in an exercise of deep breathing. It was quite an animated session, and we were once again reminded of the importance of integrating physiological and psychological treatment. Members in recovery also shared their experience over the last year and their efforts in helping others with addiction, thus demonstrating the meaning of recovery.



Time to smile--members and guests.



In-In-In-Out-Out-Out-Out!
A good-bye tip to insomnia.



I didn't drink last year but was a total mess.
Fortunately with the support of other members. I pulled through

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Recovery Report: Jan 2015-Apr 22, 2016



	Condition	# of Person	%	Notes
1	1st time at Reeds	27		
	Dropped out	7	26	
2	1st time completion	20	74.1	
3	1st time completion and maintained recovery	8	40.0	
4	Returned for relapse treatment	10	45.5	Includes Item 3 (8+2), denominator is (27+2).
5	Dropped out but maintained recovery	0		
6	In planned long-term hospitalization	1		Includes Item 3.
7	Severe cognitive impairment but completed treatment	3	15	Very few maintained recovery.
8	Cognitive disability but completed treatment	3	15	None maintained recovery.
9	Recovery rate (cognitive impairment and disability excluded)		71.4	
10	Medical + Rehab +Community	10	100	Cognitive impairment and disability excluded.



We were once a family nightmare. Now we're helping other addicts and also serving families by providing a cozy meeting place.



I'm here with everyone, but I don't know what's going on. I only know Daddy is really back. I'm not so lost, not so scared anymore. I didn't know if Daddy and Mommy were with me. Now I know, and I'm safe to play and grow!

Supporting the recovery of addicts is changing the future of their families because the disease is not only an individual nightmare, but the hijack and torment of an entire family, the coerced trauma upon a generation... Many addicts out there are still struggling to be free from the affliction, and many more families are still desperate for escape. Together, let's go share the good news of recovery!

Warmest Regards,
Reeds Recovery

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