



蘆葦營身心靈恢復協會

十一月~~~快訊

Reeds Recovery Association November Express

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壓傷的蘆葦、祂不折斷，將殘的燈火、祂不吹滅。……以賽亞書 42:3

A bruised reed He will not break, and a smoldering wick He will not snuff out... Isaiah 42:3

促使成癮者及家屬從物質及成癮疾患走向康復，獲得生命的清醒
To facilitate recovery and sobriety among addicts and their families.

Latest News

1. On November 27, the 2015 Mental Health Network Regional Support for Southern Taiwan invited us to speak to physicians, psychologists, social worker, nurses, public health nurses, public health workers, police and fire personnel on alcoholism and community intervention. With such persistent community cooperation and integration of resources, we can more effectively confront the problem of alcoholism.
2. Since its beginning, Reeds Recovery has regularly held family classrooms in Central Taiwan to educate families on drug and alcohol addiction and recovery, help them recognize their choices, learn ways of relating to the alcoholic or drug addict and breaking the vicious cycle of addiction and its impact on themselves and their children. More families are beginning to value this program, but yet many more are still being devastated by the disease because of the lack of appropriate information.

Education and Training

Biopsychosocial Model(BPS) and Drug & Alcohol Addiction

生物心理社會模式 與酒癮症

Addiction:
problem of disease or problem of living

神經生理功能
Non-intact

神經生理功能
Non-intact



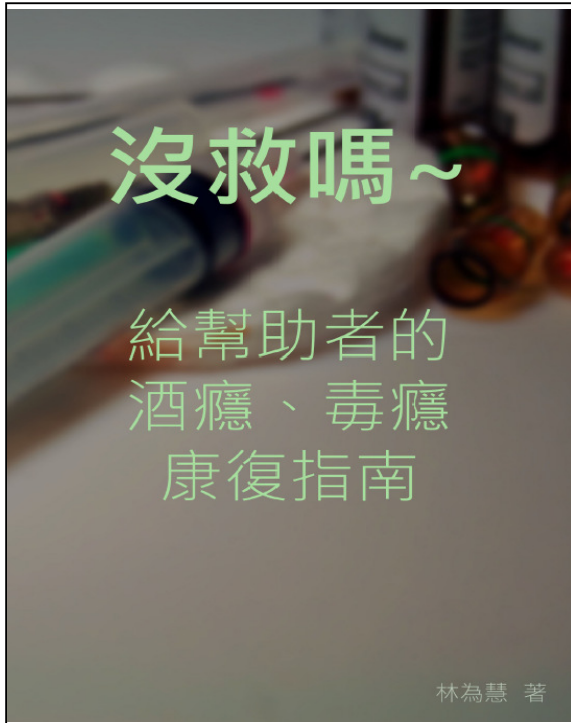
This model has been around since 1977 as a response to the singular biomedical approach to disease. Science has shown that alcohol and drug addiction is a physiological disease of the brain, so how do we integrate the BPS approach into addiction treatment? In this training session at the Jianan Psychiatric Hospital, we have Dr. Chen, Mr. Yang and Lydia Lin working as a team, each representing a dimension of BPS intervention.



Dr. Chen, Mr, Yang and Lydia Lin with Dr. Li, Chief Psychiatrist at Jianan Psychiatric Hospital.

New Book: Whether families, doctors, social welfare agencies, judiciary professionals, religious groups, the general public or even addiction recovery professionals, they can't help but wonder "Is he hopeless" when confronted with an addict who despite total devastation, denies his problems and remains enmeshed with alcohol or drugs. In fact, this voice of frustration often stems from a lack of knowledge about the disease.

This book is the transformation of many years of addiction knowledge and dynamic, nitty-gritty practical experience into vivid text to enable helpers to understand the process of addiction, the ambush of post-acute withdrawal syndromes, the relapsing nature of this disease and the process of recovery. This book highlights the real threats to recovery, clarifies intervention, intervention target and intervention goals so that helpers can focus their resources to appropriately supporting addicts in their recovery rather than deviating from recovery.



Go to
<http://www.figsbooks.com.tw/products.html>
for a preview.

您是醫療界的幫助者嗎？是社福界、教育界、司法界的幫助者嗎？
是無奈的幫助者嗎？

「沒救嗎~給幫助者的酒癮、毒癮康復指南」是一本入門工具書，內容包含酒癮和毒癮的基礎理念、戒治模式與方法、康復要點、幫助者的角色與功能，以實務案例加以陳述，是每位幫助者應有的常識指南！

“為慧老師所分享的實務經驗與研究心得，更加上了對本土文化的觀察與探討，這使得這本書可超越所有外來成癮治療書籍的侷限。”
—王智弘教授，國立彰化師範大學輔導與諮商學系(所)/台灣輔導與諮商學會理事長

“對於相關之從業人員，亦深具啟發，期待能有更多人能從本書中獲得勇氣，邁向改變人生的那一條道路。”—李俊宏醫師，衛福部嘉南療養院成癮暨司法精神科主任/台灣成癮科學學會理事

“深入淺出的文章…可以協助醫師把教科書上的冷闕知識化作易於咀嚼吸收的文字…讓我們在面對酒毒癮時不至茫然無助！”
—陳紹基主治醫師，馬偕紀念醫院台東分院精神科

“希望這本書成為教會、社福、醫院等等想改善「酒癮」環境的所有人的教科書。”—林正輝牧師，台灣基督長老教會布農中會總幹事

“這是一本罕見的著作…更是面對台灣社會日益沉重的成癮問題所提供的希望之光和最佳指南。”—吳方芳執行長，家立立基金會

“教學經驗及理念…並精闢的將心理、社會及醫藥等專業整合呈現，實是目前許多成癮書籍無法做到的。”—李進勇雲林縣縣長

無花果
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We are promoting a very important work in this month's newsletter. This book will be a very effective training tool and practical reference for Taiwan's addiction treatment. It is also a book of hope for both patients and their families, and therefore a cause for celebration. We also look forward to the day when we have a team authorship to continue giving us insight into addiction recovery.

Sincerely,
Reeds Recovery