



蘆葦營八月 快訊

Reeds Recovery *Express* August

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壓傷的蘆葦、祂不折斷，將殘的燈火、祂不吹滅。……以賽亞書 42:3

A bruised reed He will not break, and a smoldering wick He will not snuff out... Isaiah 42:3

**促使成癮者及家屬從物質及成癮疾患走向康復，獲得生命的清醒
To facilitate recovery and sobriety among addicts and their families.**

Highlights of our Founders and First Preparatory Committee Meetings: We successfully concluded our meeting on July 18, and are excited to share with you thoughts and inspirations from our founders:



I'm very touched that people are gathered here today not because of personal gains or status, but so that others may also experience recovery.

---Reeds Recovery Center Director, Hwang Shawji



Reeds Recovery Association will be a tool that unites our strengths. We will be a beacon of hope of recovery for addicts.---Reeds Recovery Center Supervisor, Lydia Lin



Around 2010, I became acquainted with Reeds Recovery Center...I was very impressed and touched. After talking with Lydia and Hwang, I realized they are not only very professional, but also have a very strong sense of mission...Regardless of alcohol or drugs,

many addicts are living in misery. I know drug addiction is harmful, I know it's a disease. I know alcoholism, but then I didn't know that alcoholism is a disease. When I see Lydia and Hwang and many others so dedicated to helping many addicts with this recovery method, I'm filled with joy and am very willing to promote it.---Yunlin County Mayor, Li Jin-yung



One of my teachers told me...if I help an alcoholic, then I have also helped a good number of depression patients, because families of alcoholics, they are depressed...---Taitung Mackay Hospital Dept of Psychiatry, Dr. Chen Shaw-ji

團法人蘆葦營身
發起人暨第一



We are psychiatrists, but our training in alcohol and drug addiction is still inadequate and limited...Actually, in the hospital, our specialty is treating comorbid diseases...for example, alcoholism with comorbid depression...As Mayor Lee just mentioned, treating this disease requires not only love and a sense of mission, but also expertise...so to

treat addiction, we need medical, psychological, spiritual and recovery support groups to form a professional treatment team.---Changhua Show Chwan Memorial Hospital Dept. of Psychosomatic



Treatment with medication ... lasts an average of 45 days, and about 3 months at the most...extending the length of abstinence requires many more important supportive elements....--- Ministry of Health and Welfare Fengyuan Hospital Dept. of Psychiatry, Dr. Chen Yi-chiun



More than 10 years of addiction again and again destroyed everything he worked for. It seemed that suicide would be a relief and only answer. Yet he found another way—recovery. Free from the bondage of alcohol and drugs for more than 5 years, he is now enjoying sobriety, dignity, freedom, abundance, and eagerness to help other addicts even if life is not always smooth sailing.



The Preparatory Committee, comprising recovering addicts, family of addict, medical and social service professionals, working in unity and diligently to establish the Association.

We are moving forward in becoming Reeds Recovery Association, and hope that the contributions and resources of our respective profession, the personal hope and experiences of addicts in recovery, and the forging and courage of families will further and deepen our 9 years of accumulated recovery expertise and practice so that more people may receive treatment.

Sincerely,

Reeds Recovery Center